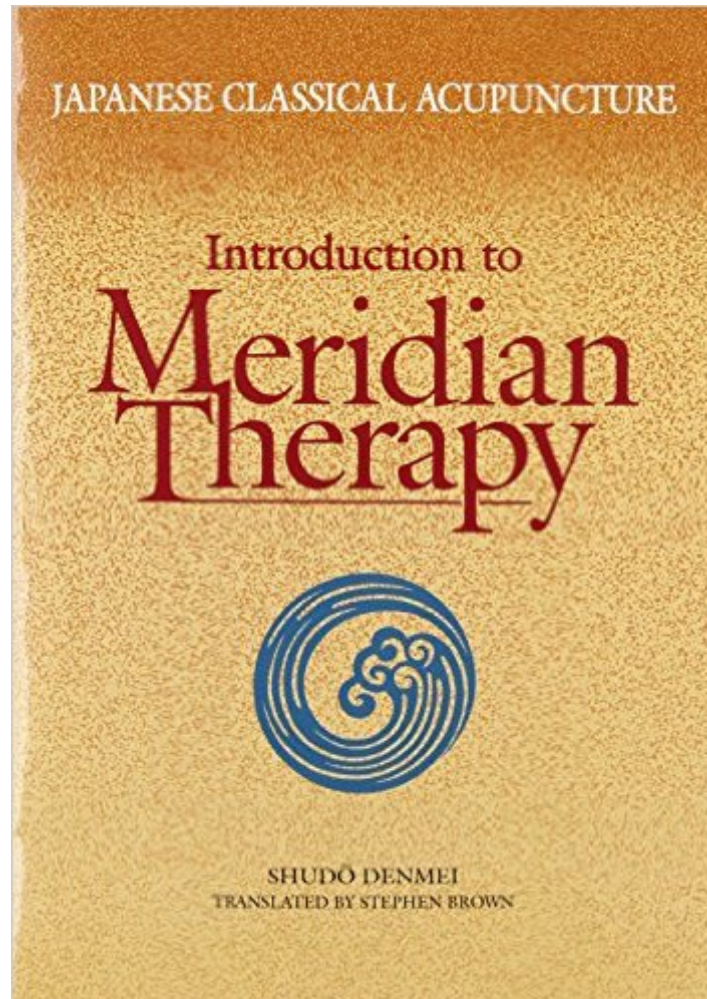


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# Japanese Classical Acupuncture: Introduction To Meridian Therapy



## Synopsis

Meridian therapy is a school of Japanese acupuncture which is distinguished by its emphasis on the classics, its utilization of the five-phase points in treating the root of disease, and the importance which it attaches to palpatory skills in diagnosis and point location. Japanese Classical Acupuncture: Introduction to Meridian Therapy is noted for the clarity and simplicity of its style, and is the most highly regarded introduction to this subject in Japan. The theoretical and historical basis, diagnostic framework and treatment strategies of meridian therapy are discussed in detail. The author provides a step-by-step introduction to pulse and abdominal diagnosis, and explains how to incorporate the concepts and techniques of meridian therapy into other styles of acupuncture. The text is interwoven with case histories and anecdotes from the author's lengthy practice. Extensively edited in collaboration with the author to fit the needs of Western acupuncturists, this book opens the door to Japanese classical acupuncture for Western practitioners.

## Book Information

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## Customer Reviews

This is one of the most helpful acupuncture books I have read in a long time. As others have pointed out, the author is extremely humble, sharing with us the difficulties he had in learning meridian therapy, especially pulse diagnosis, and simplifying the learning process for the reader. It is rare that a book is clear enough to enable a practitioner to implement new techniques without personal instruction. But Shudo Denmei writes as someone who remembers his own struggles in learning these techniques and offers clear instruction and many helpful hints. For example, he takes the

procedure for six-position pulse diagnosis and breaks it down into manageable steps to be gradually learned. He encourages confidence in the reader that even incorporating these methods on an incremental basis will still greatly help your patients. I practiced acupuncture for 9 years before making the decision to home school my learning disabled son, allowing my certification to lapse because I was unable to continue seeing patients. Now, 15 years later, I am studying for the exam to have my certification reinstated. In the course of my studies, I have become more and more disenchanted with TCM and drawn to Japanese acupuncture. It has much in common with my background in the Worsley 5-Element tradition, especially in the emphasis on six-position pulse diagnosis and providing a root treatment rather than primarily treating symptoms. My 5-Element training emphasized treating the patient's CF (Causative Factor) to enhance the patient's overall well being in body, mind, and spirit rather than simply attacking symptoms; however, sometimes it seemed too heavily focused on mind and spirit and less on the body.

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